

## ALAMEDA COUNTY HEAT ADVISORY (SUMMER 2023)

### SSA BULLETIN

FINAL 6.29.2023

**Bulletin Title:** Alameda County Heat Advisory

**Subtitle:** N/A



The National Weather Service (NWS) has issued a heat advisory for Alameda County from Friday, June 30, through Sunday, July 2. A heat advisory is issued when the NWS predicts that the temperature is going to be above 90 degrees Fahrenheit, and the heat index is going to be above 105 degrees Fahrenheit. The heat index is a measurement that considers both the temperature and the humidity, which can make it feel even hotter than it is.

### SAFETY TIPS

- Never leave children, or pets unattended in vehicles.
- Limit outdoor activity during the afternoon and evening.
- Use sunscreen if you plan to do outdoor activities.
- Stay hydrated and take cooling breaks.

### RESOURCES

- [AC Alert](#)
- [Alameda County Heat and Health](#)
- [Alameda County Health Care for the Homeless](#)
- [Alameda County Cooling Centers \(centers will be listed as they open\)](#)
- [The National Weather Service](#)

Take care and stay safe!

Government and Community Relations (GCR)

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